

## HAW CoVid-19 Safe Club Training Plan V3

17 June 2020

**Note that paragraphs altered in this version are in blue.**

Hockey Albury Wodonga (HAW) recognises that the threat of CoVid-19 is serious and a structure to recommence sport participation is required.

**The return of sport is in three steps and this plan is for Step 2 as at 16 June 2020. It is relevant until 1 July. A new plan will be issued for 1 July.**

### **Facilities**

This plan applies to the HAW grounds at Albury and Wodonga. The plan can also be extrapolated for grounds that HAW does not own including grounds used by United and Wangaratta Hockey Clubs.

***All HAW fields can be sighted by the public, so we are in a fishbowl. Compliance is in our hands.***

Sanitiser will be provided in each dugout for use before, during and after training. Covid-19 signs for safe hygiene safe practise notices and a safe training protocol will be posted on notice boards and in each dugout to ensure players are informed.

Council will clean toilets as is normal practise. At weekends if there are morning and afternoon sessions HAW will spray outdoor areas and toilets.

### **Participants**

Players who are unwell or have been unwell in the past 14 days should not attend.

Players with families who are vulnerable (caring for aged persons, those with breathing difficulties eg asthma) to the Covid-19 effects should not attend.

Players that are unwell are to be advised to leave. Refusal will result in an investigation and possible game penalties. If symptoms of CoVid-19 are present the player should attend a clinic. In the event of a positive test their Club and HAW are to be notified.

### **Bookings**

Clubs must make bookings for ground use. Bookings will allow a 15 minute arrival and 15 minute departure window (comprising half an hour between actual field use).

Oversight of the rules is a club responsibility. It is recommended a Marshal (CoVid safe Marshal) be appointed (arm's length) who is not involved in the training to monitor compliance. In the event of breaches, clubs will be warned. Following 3 breaches by an individual, further training will not be permitted at HAW facilities until Step 3.

### **Training sessions**

Clubs are responsible for keeping a list of all persons (including coaches, officials and spectators) who enter the facility. An example register for those attending training is at Appendix A.

This list is to be:

- Put in the results box after each session OR
- Emailed to [admin@haw.net.au](mailto:admin@haw.net.au) within 24 hours.

Coaches are to reiterate social distancing and hygiene rules at the beginning of **each** session.

Physical distancing is the clubs, the coach's, **and** the player's responsibility.

Training sessions should be structured and circulated to participants by the coach or manager/leader. Modifying training/warm up/playing conditions or rules to support physical distancing is required. For example, try not to touch gates or fences when entering the grounds or stretching

### In Victoria

- People are limited to 20 per half field including the coach (1 person per 4 sqm during Step 2). Under no circumstance is a person to switch between groups.
- A five-metre zone either side of the centre line will be a no-go zone for each group to avoid contact.
- **From midnight on June 21 those who are 18 years old or younger can resume non contact and full contact training and competition. Those over 18 are still restricted as per the points above until 13 July. A new plan will be issued for 1 July.**
- All other restrictions listed in this document are in force until 1 July.

### In New South Wales

- People are limited to 10 per quarter field including the coach (1 person per 4 sqm during Step 2). Under no circumstance is a person to switch between groups.
- A five-metre zone either side of each group (centre line and a cross going directly from the centre of the goals at each end) will be a no-go zone for each group to avoid contact.
- **Full contact training will resume on 1 July. This is Step 3 and a further document will be released. A new plan will be issued for 1 July.**
- All other restrictions listed in this document are in force until 1 July.

### You MUST:

- Sanitise your hands before entering the field and as necessary,
- Come dressed for training. The only exception is Goalkeepers who are permitted to bring their GK bags and kit up at the ground. Their gear is to stay neat and tidy and be at least 1.5m from other's belongings,
- Avoid the 5m exclusion area at the centre of the field,
- Enter the field in the allocated 15 minutes prior to training,
- Conduct warm up and cool down activities on field within the allocated time,
- Leave the venue immediately after training has concluded,
- Have your shin pads on from before entry to after exit,
- Have your mouthguards in it's container or on your person only,
- Bring your own full water bottles (clearly named),
- Clean Hockey balls pre and post training
- Clean equipment off the field so cleaning products do not damage the synthetic

### You MUST NOT

- **Have more than the allowed number of players per area of the field (as per your State rules)**
- Change groups
- Have activities that involve contact or have risk of contact eg. mini games or 1 on 1 activities
- Have physical contact with other players. (Handshakes, High fives Hugs etc)
- Touch balls and cones unless you are the coach. If you wish to move a ball or cone, use your stick
- Congregate before or after your allocated session.

- Access the clubrooms or bar area.
- Bring in your stick bag into the facility (small bag for personal items permitted)
- Share equipment –sticks, shin pads, masks or mouthguards.
- Use bibs
- Have spectators for senior training (they are discouraged for junior training)
- Train more than once per day
- Enter the grounds if you are unwell

**Acknowledgement:**

I acknowledge and understand that as a coach / team manager, I am responsible to ensure that when my session is allocated, there are no breaches of the above rules.

I acknowledge and understand that Breaches of any of the restrictions detailed above can lead to a \$5000 on the spot fine for a club and a \$1000 on the spot fine for an individual. I acknowledge and understand that I may be liable for any fines for breaching the rules.

Signed: \_\_\_\_\_

Name: \_\_\_\_\_ Date: \_\_\_\_\_

## APPENDIX A

### ATTENDANCE REGISTER

#### [Club Name] Register of attendees

Activity: \_\_\_\_\_ Location: \_\_\_\_\_ Date: \_\_\_\_\_

Arrival Time	Depart Time	Field % end eg AHC1 Nth	Full Name	In previous 14 days have you had any COVID-19 symptoms or been in contact with a confirmed/suspected COVID-19 case

**If you are using the above attendance register it is presumed that you have a master list of all contact details (phone and address) for all persons listed and can provide that to HAW if requested.**

**If a master list is not readily available, contact details will need to be supplied with each list.**